



## Sleeping sickness

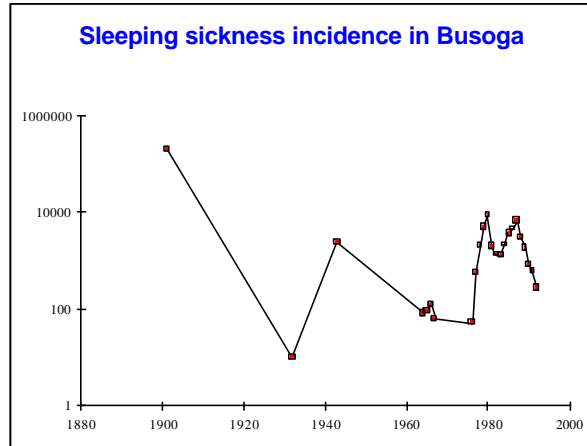
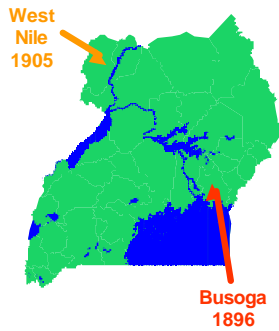
**Gambiense**  
chronic disease  
recently resurged  
in the Democratic  
Republic of  
Congo (DRC),  
Angola, southern  
Sudan and  
northwest Uganda



**Rhodesiense**  
acute disease  
serious  
epidemics in  
southeast  
Uganda from  
1940s- onwards

**Uganda** remains the only country with foci of both  
**Gambiense** and **Rhodesiense** sleeping sickness

Three major epidemics in SE Uganda last century  
1900, 1940, 1980



1900s *G. palpalis*  
1908 1/3 population dead (c. 300,000)  
1909 survivors evacuated  
From Congo ?

1940s *G. pallidipes*  
1942 2,432 cases  
274 deaths  
From Zambia via Tz?

1980s *G. f. fuscipes*  
Epidemic peaks:  
1980 9,000 cases  
1987 7,000 cases

Evidence for the zoonotic reservoir of  
*T. b. rhodesiense*

Wild animal reservoir

Bushbuck

1950's (Heisch, McMahon and Manson-Barr)  
Shores of Lake Victoria  
Used human 'volunteers' to differentiate parasite



Domestic livestock reservoir

Cattle

1960's (Onyango and de Raadt)  
Alego outbreak – shores of Lake Victoria  
Differentiation by human 'volunteers'

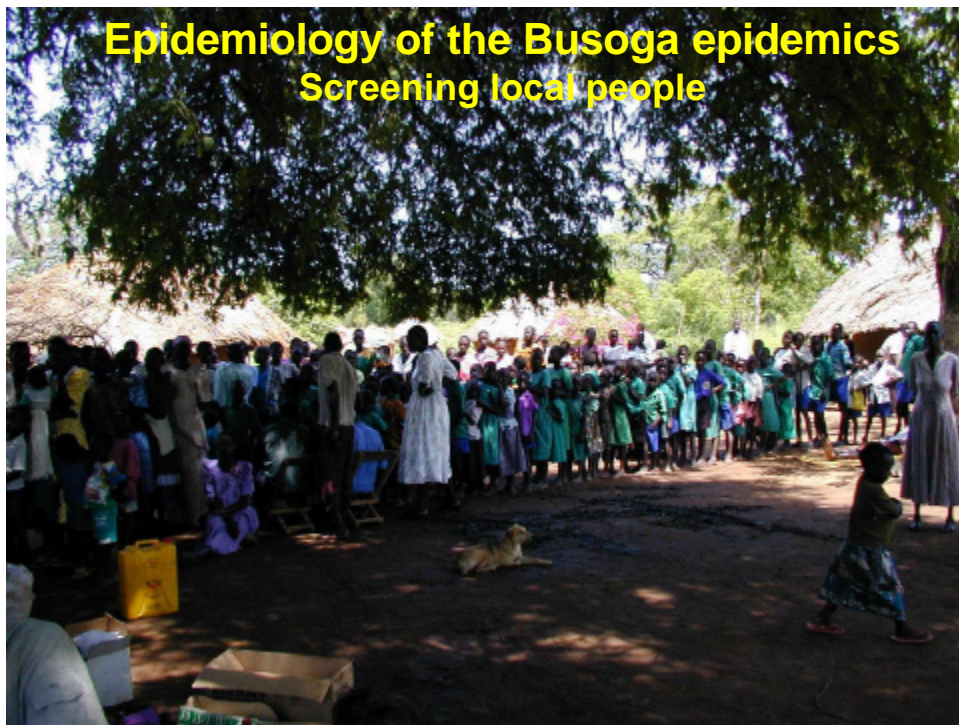


Vector

*G. pallidipes* moved into SE Uganda 1940s carrying  
zoonotic infection from game (MacKitchan, 1944)



**How important is the animal reservoir?**



**Epidemiology of the Busoga epidemics  
Screening local people**



Screening for early stage sleeping sickness: parasites from a finger prick



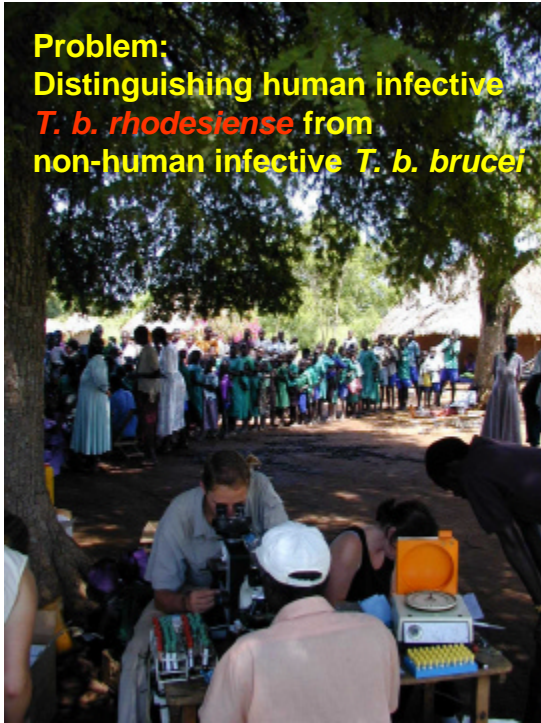
Screening for late stage sleeping sickness: parasites in CNS

**Trapping tsetse for infection rates and bloodmeal analysis**



**Sampling cattle**

**Problem:**  
Distinguishing human infective  
*T. b. rhodesiense* from  
non-human infective *T. b. brucei*



*T.b.rhodesiense* sleeping sickness parasites are simple to identify in patients from a wet blood film.

Animals can harbour both *T.b.rhodesiense* and *T.b.brucei* - technical problem: how to distinguish morphologically identical parasites in animal blood

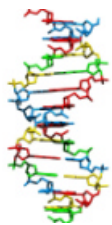


*T.b.rhodesiense* or *T.b.brucei*?

## Origins of sleeping sickness epidemics in Busoga Insights through technology

- Improvements in sample collection methods and geo-positioning
  - Increased sensitivity of analysis

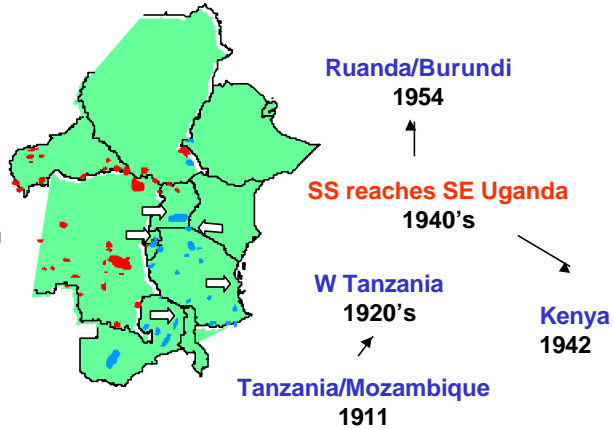
- DNA technology



- Strain genotyping – species-specific PCR, RFLP, AFLP, minisatellites, MGE-PCR to
- determine geographical range of specific genotypes
- derive insights into origins of disease
- distinguish human infective *T. b. rhodesiense* from morphologically identical non-human infective *T. b. brucei* in animals *SRA single gene PCR*

**Suggested 'spread' of *T.b.rhodesiense*  
1910 – 1950 from Zambia by human carriers**

'New' vector  
*G. pallidipes*  
moved into SE  
Uganda carrying  
**zoonotic** infection from  
**game animals**  
(MacKitchan, 1944)



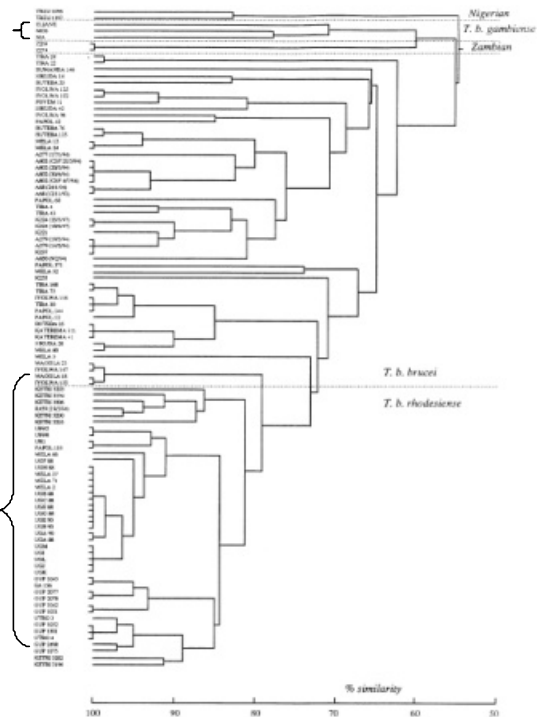
**Busoga 1942**  
2,432 cases  
274 deaths

'Discovery' in **Zambia 1910**  
Stephens & Fantham

Cluster analysis of RFLP  
shows that *T. b. rhodesiense*  
from **Zambian and**  
**Ugandan/ Kenyan** sleeping  
sickness foci are **not related**

*T. b. rhodesiense*  
Zambia 1983

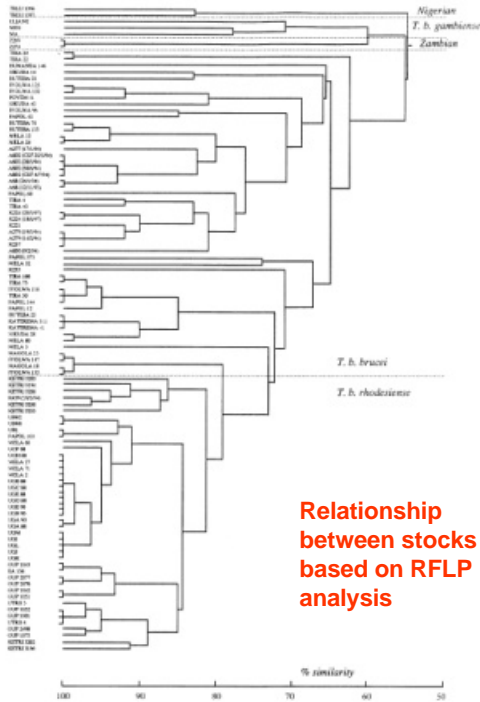
*T. b. rhodesiense*  
Uganda/Kenya  
1959 to 1990



Stability of parasite genotypes over time in Busoga

Predominant genotype from 2<sup>nd</sup> epidemic still present 50 years later

Human isolates Uganda/Kenya 1959 to 1990

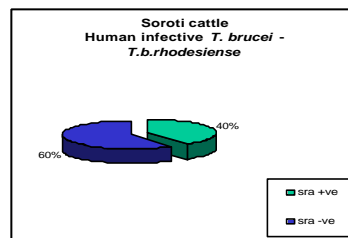
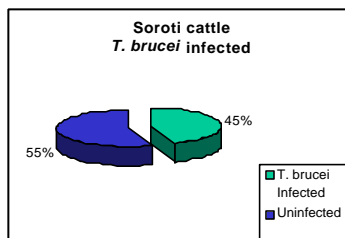


Relationship between stocks based on RFLP analysis

### T.b. rhodesiense in the cattle reservoir

**SRA** (serum resistance associated gene)

PCR analysis of cattle - Soroti district (Lancet 2001)



Point prevalence of *T. brucei* in cattle in Soroti 45% of which 40% have **SRA** gene.

**18%** of cattle in Soroti carrying human infective *T. b. rhodesiense*.

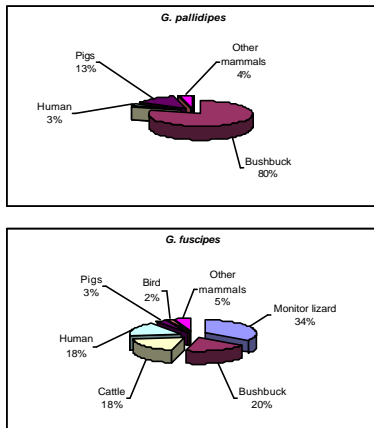
Previous best estimate human infective cattle:  
c. 1% prevalence (23% of the 5% *T. brucei* infections)



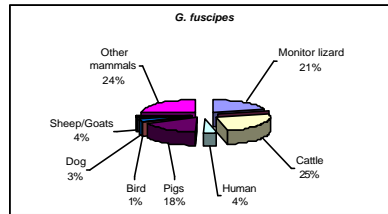
# Tsetse hosts SE Uganda

1950's

2000



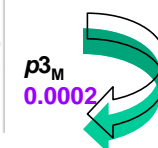
Loss of *G. pallidipes* as main vector  
 Loss of bushbuck as reservoir host  
 Cattle now main reservoir host



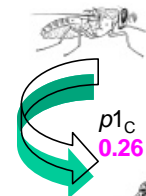
## Measuring the risk of cattle as reservoir of sleeping sickness in SE Uganda – SRA analysis

**Human** Sleeping sickness rate: 0.6 % (6 people/1000)

$p2_M$  0.006



**Fly** biting rate human 9% cattle 23% (from bloodmeal analysis)



**Cattle 234 X** more likely to be source of infection than another **human**

**Cattle** *T.b. brucei* prevalence 45% *T.b. rhodesiense* 40% of *T.b. brucei* (18%)

$p2_C$  0.18

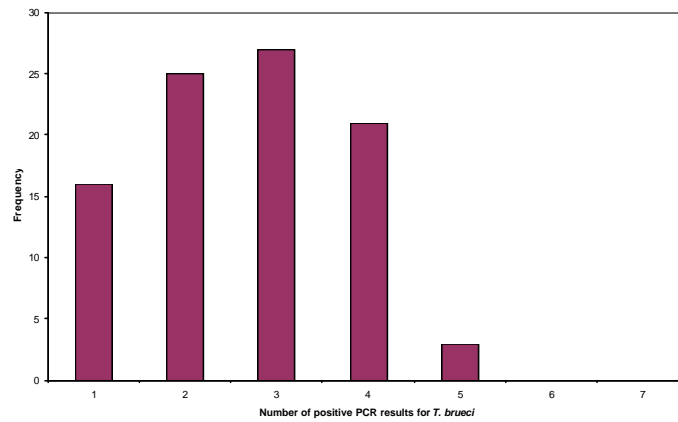


## Six month longitudinal survey of *T. brucei* s.l. in cattle in SE Uganda

82.6 % cattle positive for *T. brucei* s.l

17.4 % of cattle were never positive during this period

Frequency distribution of *T. brucei* positives for 92 animals in Sitengo village



92 cattle in total, 7 sampling dates (644 observation in total)



**Effective solution can be through strategic veterinary interventions in Busoga**



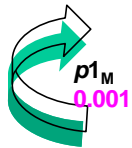
**Risk in areas with game .....**

**Measuring the risk of warthog as reservoir of sleeping sickness in Serengeti – SRA analysis**

**Human** Sleeping sickness rate: 0.0028 %

$p2_M$  0.000028

**Fly** biting rates: human 0.1% warthog 32%



**Warthog** 9.5% SRA +ve



$p2_C$  0.095

**Warthog** >1 million X more likely to be source of infection than another **human**

A group of African children, mostly young boys, are gathered together, looking towards the camera. They are outdoors, with some greenery and a thatched roof visible in the background. The children are dressed in simple, everyday clothing.

## Acknowledgements

Supported by the Wellcome Trust, DFID, EU,  
Cunningham Trust, Leverhulme Trust and WHO.

Sue Welburn, Kim Picozzi, Eric Fèvre, Mark Eisler  
(CTVM, The University of Edinburgh);  
Martin Odiit MD, Joseph Magona (LIRI, Uganda);  
Magai Kaare (Sokoine University, Tanzania);  
Paul Coleman (LSHTM).